



Complete Mind Care of PA

Comprehensive Mental Health Services

Now Providing Care at two Locations for Police officers and their families

LEHM Health and Wellness Center

9432 Roosevelt BLVD

Philadelphia Pa 19115

Hours Thursday's 2:30-6:30 will expand as needed

Main Numbers # 215-947-6647

Complete Mind Care

1021 Old York Rd , Suite 401

Abington Pa 19001

Hours M-T 8am-8pm F 8am-5pm S Limited Availability

Main Numbers # 215-254-6000

Please go to our website and find a location near you

Schedule an Appointment: # 215-947-6647 Email: lehb@cmcofpa.com

What We Treat

Our compassionate team of Psychiatrists, PMHNPs, and Psychotherapists specialize in treating a variety of conditions

- Depression
- Anxiety
- PTSD
- OCD
- ADD/ADHD
- Families
- Children/Adolescents
- Intensive Out Patient Program
- Marriage Counseling

How We Treat

- **Psychotherapy:** Our experienced therapists provide a safe, supportive environment for you to explore your feelings, beliefs, and behaviors, work through challenging memories, identify aspects of your life that you would like to change, and set personal goals.
- **Medication Management:** Our psychiatrists and PMHNPs work closely with you to manage your medication, ensuring that it's helping you reach your mental health goals with minimal side effects.
- **TMS Therapy:** Transcranial Magnetic Stimulation (TMS) is a non-invasive therapy that uses magnetic fields to stimulate nerve cells in the brain to Improve symptoms of Anxiety, Depression and OCD.
- **Spravato:** Spravato (esketamine) is a nasal spray used in conjunction with an oral antidepressant, to treat adults with treatment-resistant depression.

Who We Are

At Complete Mind care of Pa, We are 25 plus providers ranging from Psychiatrist, Psychiatric Nurse Practitioners, Psychotherapist, LCSW, LPC and more. We offer patient centered treatment for individuals and families navigating mental health challenges. Our mission is to help you reach your full potential through an integrative, multi-service approach



We Accept Your Insurance

Schedule an appointment today!

- Monday to Thursday: 8:00 AM - 8:00 PM
- Friday: 8:00 AM - 5:00 PM
- Sat: Limited Availability

Building hope Restoring connection

Learn more on our website

